GOULD FREDRIC H	Client Reference Number:
Form 4	
Revision No.: 2024-08-06	

# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average	
burden hours per	
response:	0.5

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * GOULD FREDRIC H	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) (First) (Middle)  60 CUTTER MILL RD STE 303	3. Date of Earliest Transaction (Month/Day/Y 08/06/2024		✓ Director ✓ Officer (give title below) Vice Chairman of Board	10% Owner Other (specify below)			
(Street) GREAT NECK, NEW YORK 11021 (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	6. Individual or Joint/Group Filing (Will be automatically set)  Form filed by One Reporting Person  Form filed by More than One Reporting Person				
	Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.						

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

,		2A. Deemed Execution Date, if any (Month/ Day/ Year)			4. Securities Acquire (Instr. 3, 4 and 5)	ed (A) or Disposed of (D)		Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)		Reported	(D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	08/06/2024		A		2,500	Α	\$0 <sup>(3)</sup>	604,947.6150 (1)	D	
Common Stock								50,307.056 (1) (2)	Ι	By spouse

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

*		3A. Deemed Execution Date, if	4. Transaction	Code	5. Numbe Derivativ		6. Date Exercisable a (Month/ Day/ Year)	1	7. Tit Secur	3 0	8. Price of Derivative		10. Ownership	11. Nature of Indirect
	Price of	 any (Month/ Day/	(11154.0)	Securities				(Instr. 3 and 4)		Security	Securities	Form of	Beneficial	
	Derivative	Year)		Acquired (A) or						(Instr. 5)	Beneficially	Derivative	Ownership	
	Security				Disposed of (D)							Owned	Security:	(Instr. 4)
					(Instr. 3, 4, and 5)								Direct (D)	
			Code	37	۸	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		1	or Indirect	
			Code	v	A	D	Date Exercisable	Expiration Date	ritte	Amount of Number of Shares		Transaction(s)	(I)	
												(Instr. 4)	(Instr. 4)	

#### **Explanation of Responses:**

- 1. Includes shares acquired though issuer's dividend reinvestment plan.
- 2. Reporting person disclaims any beneficial interest in said shares.
- 3. Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2021 had been satisfied. The related performance period ended June 30, 2024.

#### Remarks:

/s/ Fredric H. Gould by Isaac Kalish, his attorney in fact 08/08/2024

\*\*Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4(b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).